

Changing Tides PaddleCraft Training Location – Details & Directions

Empire Kayaks

Address: 4 Empire Boulevard, Island Park, NY 11558

Phone: 516-889-8300

[Website](#)

[Google Map](#)

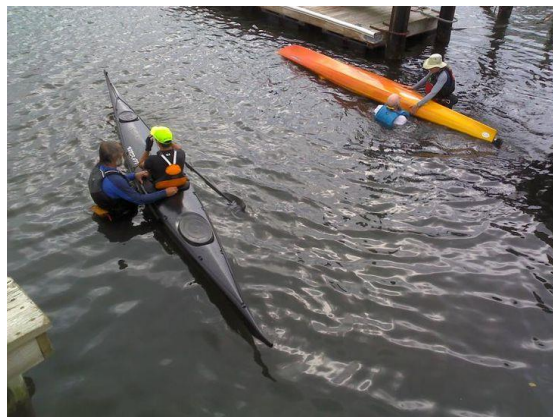
Facilities: Empire Kayaks provides boat sales and rentals, docking and access to Middle Bay and surrounding channels.

Training: CTPC has provided training in kayak and SUP at Empire Kayaks for more than 15 years.

NOTE: Empire Kayaks is approximately 2-hours from New Haven in normal traffic.

From Southern State Parkway: take exit 20-S (Grand Ave, Baldwin) and travel south approximately 2 miles to Route 27 (Sunrise Hwy). Make a right, heading west and go approximately 1 mile to Long Beach Road (light after Taco Bell). Go left on Long Beach Road and travel south approximately 3 miles to Empire Blvd (1st light after Ruby Tuesdays). Make a left onto Empire Blvd and follow it to the end. Empire Kayaks is on the left, park in the street.

From Connecticut: Travel south on 95 (CT Thruway) entering New York State. Bear left on I-695 South and in 1.5 miles merge onto I-295 South. In 2.6 miles take exit to Cross Island Parkway. Travel 9 miles to exit 25A to Southern State Parkway to Eastern Long Island. Go East on Southern State Pkwy for 4 miles to exit 17S for Hempstead Avenue, south. Turn right onto Hempstead Ave and in 0.1 mi make a slight left onto Ocean Avenue. After 1.5 mi turn left onto Merrick Rd. In 0.5 mile turn right onto Lincoln Avenue and in 0.9 mi bear right onto Long Beach Road. Almost immediately (~200 ft.) turn left onto Empire Blvd. Empire Kayak is on the left, park on the street.



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